



Provtagning för Helicobacter pylori

Sampling for Helicobacter pylori

Patient instructions

Samples should be taken 2 weeks after the end of treatment with proton pump inhibitors (e.g. omeprazole) and 4 weeks after the end of antibiotic treatment.

1. Collect the stool in a clean container such as a disposable bowl, plate or something similar. **Do not let the stool come into contact with either water or urine.**
2. Fill half the tube using the spoon attached to the lid.
3. Screw on the lid carefully so that it closes tightly.
4. Label the tube with personal identification number (personnummer) and the sampling date.
5. Return the sample to your healthcare (vårdcentral/mottagning), preferably the same day. If it is not possible, it must be kept in a refrigerator and left no later than the next day in the morning.

