



Provtagning för F.O.B test - engelska

Instructions for patients

Patient instructions

If you have visible blood in the stool such as menstruation, bleeding haemorrhoids or blood from your urine, you should skip at this occasion. Only perform the test the next time you have no visible blood.

Instructions:

1. Collect the stool in a clean container, e.g a disposable plate or similar. Alternatively, take it directly from the toilet paper if the texture of the stool allows it. **Do not let the stool come into contact with either water or urine.**
2. Unscrew the **blue cap** and pull out the sampling stick attached to the cap. The liquid in the test tube is important so be careful.
3. Insert the end of the BLUE test stick in several different places in the stool or alternatively fill the screwed slot from the toilet paper. Remove excess sample material from the stick by gently wiping with clean toilet paper. **IMPORTANT: do not take too much stool in the test tube, only the amount that fits in the screwed slot on the blue test stick.** Put the test stick back into the tube, screw it tightly, and shake the tube vigorously.
4. Label the tube with your personal identification number (personnummer) and sampling date.
5. The sample is now ready and can be stored at room temperature for up to 5 days. If you are going to provide more samples, take them at different occasions. Return the samples to the healthcare (vårdcentral/mottagning).

