



# Provtagning för avföringsodling

## Sampling instructions for fecal cultivation

### Patient instructions

1. Collect the stool in a clean container, e.g a disposable plate or something similar. Alternatively, take it directly from the toilet paper if the texture of the stool allows it.  
**Do not let the stool come into contact with either water or urine.**
2. Only open the sampling kit package when you are going to carry out the sampling. The liquid in the test tube is important so open the tube carefully.
3. Dip or roll the top of the sampling stick in the stool.  
**NOTE!** In case of excessive stool in the tube, the test cannot be performed.
4. Put the stick into the liquid in the tube. Rotate the stick toward the bottom of the tube for about 5 seconds. Lift up, press the tip gently against the wall of the tube, and then throw the stick. Screw on the lid on the tube tightly.
5. Label the tube with your personal identification number (personnummer) and sampling date.
6. Return the sample to the healthcare (vårdcentral/ mottagning), preferably on the same day. If it is not possible, it must be kept in a refrigerator and left no later than the next day in the morning before the transport leaves.



Revisionsdatum

2022-12-13