



Provtagning för dygnsamling av urin - engelska

Sampling instructions for 24-hour urine collection

Instructions to the patient

The urine should be collected during one day (24 hours), for ex. 7 AM to 7 AM the next day. Make sure to collect all urine during this period. The container must be kept cool until the urine is returned to the lab.

If you accidentally go to the toilet and forget to collect some of your urine, the collection procedure is regarded as failed. Please contact the laboratory to get a new container and start collecting again.

Note! The container may contain corrosive liquid - hydrochloric acid (see the label on the container).

Keep out of reach of children. Do not urinate directly into the container.

Do as follows:

1. Urinate at the start-time in the toilet (for example, at 7 AM). Do not collect this urine. Record the start-time.
2. Subsequently, all urine is collected during the following 24 hours in the container.
3. Urinate in the morning the next day (for example 7 AM). This urine should be collected in the container. Try to empty your bladder even if you don't feel desire to urinate. Record the stop-time.

Return your container to the laboratory or to the clinic the same day that you finish the collection.